

Food Allergy

A great resource for tips on managing and understanding food allergies:

[Food Allergy Field Guide](#)

From our friends at Pediatric Partners: [Allergy Testing, When to Use it and When Not To](#)

Information of IgE vs. IgG testing (IgG NOT recommended):

www.sciencebasedmedicine.org

[Guidelines for the diagnosis and management of food allergies in the United States](#)- note that this is from 2011, thus does not contain the new recommendation that egg allergic patients **DO** get the influenza vaccine.